

Role of Behavioral Attitude of Secondary School Students in Response to Specific Variables

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ABSTRACT

Education is the process that transforms a person into a personality. Every person is unique and has some potential that is not shared by others in some capacity. Education is the change in a person's behavior, attitude, and culture that results from his or her receiving education within a specific time. The ability to apply knowledge to solve new issues is one of education's primary goals. Our national policies have long acknowledged the value of education as an agent of development and a source of employment. The primary issue facing education today is how to inspire kids to learn at all levels. A person who has a high level of aspiration for a good education would typically make a consistent effort to obtain that education as well as achieve highly throughout the educational process. Without developing the habit of diligent and well-planned study, it is impossible for anyone to stay current, not even in their own field of knowledge, given the immense explosion of knowledge. Any academic proof that is based on a lack of both breadth and depth of knowledge is unjustified and unstable. The three components of knowledge acquisition are reading, taking notes, and organizing facts.

KEYWORDS: School, Student, Gender, Habits, Academic performance, Academic practices

INTRODUCTION:

There are many royal roads, but there is no royal road to learning Ptolemy. The statement is still true. Here the road to learning is study and it is a hard steep rough road. Above all else studying requires hard work. Study is not just reading for fun. It encompasses reading within its compass and is much more than just reading. It takes considerable effort to learn new things. Study is the culmination of all the routines goals and required behaviors that a person utilizes to learn. Study then is the process of applying one's intellect to a problem or subject a particular area of knowledge.

Studying is difficult labor there is no simple substitute, according to Armstrong (1956). The student's capacity for study determines how successful they will attain success. A student has a better chance of success and learns more quickly with a well-organized, methodical study method. Lincoln expressed in a number of speeches and letters the need to discover what others were beginning to feel but were unable to say. Despite the fact that he had very little to study with and no one to teach him how

to study, he eventually climbed to become one of the greatest masters of English prose. Nobody gave him any books classes or study techniques. He squeezed in some study time in between hours of clearing the forest and fending off hunger.

The study was split into three sections: the morning from when you got up until noon the afternoon from noon until six and the evening from six until you went to bed. When comparing study time commitment Sunday is preferable to Friday or Saturday. Studying is taking concepts from lectures, books or other recorded sources and assimilating them into one's knowledge base before applying them to one's own experiences. Good students typically study for shorter periods of time than poor students because they are more productive when doing so. Instead of just adding extra study time, more productive study methods are the solution to study problems. The emphasis should be on forming independent habits.

Characteristics of Habit

Habits are not hereditary or innate. Habitual acts are carried out with a great deal of ease and facility since

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they are always carried out in the same manner. Habit improves action precision. Habitual actions are carried out carelessly. The nervous system plays a major role in habit formation.

Importance's of Habits

It is impossible to do more than one thing at a time due to habit building. Therefore, it is crucial that children are given the necessary care to form positive work, mental, and emotional habits from an early age. Habits have a significant impact on the realm of education. The student who regularly focuses on his studies for long periods of time both at school and at home is not readily overpowered by fatigue. Habits of thought, regularity, sound reasoning, punctuality, etc., assist students in learning and in acquiring the necessary knowledge and abilities in a short period of time with great ease. The practice of reading magazines, news articles, listening to the radio, conducting analysis, and reading great literature,

Study Habits

The student's approach to learning is quite individualized, and there are obvious differences in technique used. There are countless varieties. If students were taught certain skills and strategies that would standardize the study process and make it more efficient, the study process, according to the education, may be more productive. As a result, study guides or courses were created. Study habits are the effective efficient methods of studying whether they are organized or not. The techniques for developing good study habits are essential to the effective acquisition of knowledge. It is crucial and beneficial to integrate study habits into students' routines. These are all satisfied by his assignment work classroom interactions and exam-related activities. Additionally he must be skilled in absorption, self-discipline in study, and memory. As you feed it your ability to find what you desire will grow and improve. The ability to make up one's mind needs the cultivation of effective study techniques.

Developing Good Study Habits

Students are more interested and self-disciplined in everything while they are young. Create a national strategy and correctly allot your time for the day and the week. Allocate more time in the time schedule for comprehending challenging subjects, and adhere to it truly. A pleasant atmosphere promotes concentration. Develop the habit of questioning everything you read and everyone you encounter. If you use other books, make brief notes of what you read in addition to writing down the title of the book and its page numbers. It is preferable to highlight the key sentences, subjects, and questions for further review.

Factors Affecting Study Habits

The following are some significant influences on study habits:

Every child's first classroom is at home, and their mother serves as their first instructor. If the home environment is good a child will naturally have good behavior in school. Therefore, the child's performance is influenced by their relationships with family members including their parents, brothers, and sisters. In addition to the previous three factors, a child's personality plays a significant role in the development of healthy study habits. Creating a strong sense of community is crucial for creating effective study habits. Community centers like libraries, community resource centers, information centers, etc. must be set up. A good community offers the resources required for effective study. The student's physical and social environments, as well as their sex, caste, and physical health, all have an impact on their study habits.

Rationale of the Study

If we look at the traditional Indian educational system, both the teacher and the students devote all of their time to studying. They shared a home and the educational process was ongoing and carried out through conversation, debate, and dissemination. We are aware that knowledge is exploding and that it is impossible to educate everything at once. Additionally it is not practical to spoon-feed students. Even if spoon-feeding were practicable, it would not produce a high-quality education. Accepting the habit of studying as a crucial component of learning it is critical to learn more about it including its nature and any connections to things like academic success and sex.

Objectives of the Study

- To evaluate the study practices of the Murshidabad district's secondary school pupils.
- To investigate how gender disparities in study habits affect students.
- To investigate how study practices affect academic performance

Operational Definitions

The following terms are defined as they are used in this study:

Studying is applying one's mind to books or other similar reading material with the goal of learning new information. Study refers to an investigation into a specific topic or to the conclusions of such an investigation that have been published. Studying behaviors include paying attention, taking notes, setting up time for studying, and using study techniques.

Research Design

The current study is a descriptive survey type intended to gather crucial and accurate information about secondary school students' study habits in relation to their gender and academic performance. The most well-liked and frequently applied research methodology in education has without a doubt been the descriptive study method. Explaining educational phenomena in terms of the circumstances or connections that exist, the beliefs that students, teachers, parents, and professionals hold, the processes that are taking place, the results that are obvious, or the patterns that are emerging can be helpful. Descriptive studies entail measurement, classification, analysis, comparison, and interpretation in addition to just collecting data. One sort of descriptive research is survey studies, which are carried out to gather thorough descriptions of existing occurrences in order to use the data to support current circumstances and practices and develop more intelligent plans for their improvement.

Need for the study

It is seen that there is an explosion of knowledge and it is not possible to teach everything of everything. It is not only the teacher's responsibility to provide learning experiences, but it is also the responsibility of the pupil to utilize them properly by adopting efficient learning. One will be able to learn by himself if he has developed proper study habits which can lead him to learn and read efficiently and effectively, how to memorize quickly and how to read systematically. Study habits are an important factor in learning. Students typically pick up their study habits from their family, peers, relatives, etc. Studying behaviors show a student's personality in action. Therefore, it is essential to look into its nature and determine whether it is connected to elements like scholastic accomplishment.

Major Findings

The mean study habits score is 164.7 and median is 164.5, the gap between the mean and median is negligible. Hence the distribution is nearly normal. The average score for boys study habits (163.5) is lower than the average score for girls' study habits (165.5). The study habits of girls are found to be superior to those of boys. Boys and females don't study in very different ways. The obtained value of r , which measures the degree of correlation between two variables—study habits and academic performance of secondary school students—is 0.252. It can be interpreted that the two variables are markedly related and the relation is positive that is students with good study habits will have high level of academic achievements.

Educational Implications and Recommendation

Study habits today play a significant role in students' academic success and personal development. A lot of barriers to the growth of moral and educated people can be removed if good study habits are instilled fostered and encouraged in children while they are still young and impressionable. If students develop solid study habits and reading, writing, and writing skills early on, they will be academically successful in high school and college.

The study's findings are used to support the following suggestions:

Student's academic success in school and throughout their lives depends on their study habits. Therefore, it is crucial to teach pupils in schools effective study habits. Boys generally have poorer study habits than girls do. To boost the performance of boys, care may be done. Every one generally knows that those who get First division in their annual examination have good study habits. This is proved in this investigation. Pupils who passed in First Division have better study habits than the pupils in other Division. Hence, teachers have to maintain study hours separately even after school hours for backward pupils. Academic achievement of the pupils is associated with their study habits. Hence, proper study habits may be developed among the pupils for attaining good academic achievements.

Suggestions for Further Research

The following suggestions are considered for further research on study habits:

The investigation may be extended to include some other psychological factors like anxiety, creativity, introversion and extraversion to test the relationship with the study habits. This study is restricted to class X students only. The investigation being done now focuses on students who are following state curriculum. It is a survey type research. It may also be conducted in experimental research type. Causes of specific study difficulties of children may be investigated with special reference to deaf and dumb and mentally handicapped children. □ A study to see the impact of study habits on behavioral changes of the students 'needs to be carried out. □ A micro level study to assess parental interest and cooperation in development of some basic skills among the students relating to study habits can be taken up.

Conclusions

The frequency distribution of study habits score for the whole group follows nearly normal distribution. On the whole secondary school students have good study habits. The study habits of girls are better than that of boys. Students with good study habits will have high level of academic achievements.

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